

Testimonials from Doctors and Patients

Asthma

Jamie was suffered from asthma when she was four years old. Although there were treatments, her situation had not got better.

Jamie (4 years old)

“My baby suffered from asthma when she was four years old. Although there were treatments, her situation had not got better. Hence, I bought her to SHPAK clinic to take a food allergy test. The report showed that she was immensely allergic to variety of food. Thus, she started avoiding the reactive food and following the diet plan in dietary habits. As time passes, she was fully recovered without taking any medicine of asthma cure.”

Hyperactivity

AM is a 9-year-old kid, he was previously a problem child at school and was very hyper-active. He was diagnosed as having ADHD. His family took him to Dr. H. and a food allergy test was recommended.

Timothy (9 years old)

“Timothy suffered from Attention deficit hyperactivity disorder (ADHD) when he was just nine. The doctor recommended him doing the food allergy test. The report of the test indicated that he was highly allergic towards daily products, egg, gluten and many fruits, etc. We therefore follow the diet plan. Satisfactorily, his behavior improved a lot! He is now become more active and can concentrate in lessons. I am also glad that he gets smarter in appearance.”

Insomnia

The parents of 1 year old Matthias came to KFW Clinic seeking help for their son's problem of waking up every 2 hours since they came to town a few months ago. Both parents have to work in the morning and they were exhausted having to look after him all night.

Angela (1 year old)

“Angela couldn't sleep well when we moved to new house. She would wake up every 2 hours at night. My husband and I felt exhausted of taking care of her all the day. Hence, we went to KFW clinic to do a body check. The report showed that there was nothing problem towards Angela, she's a healthy baby. Thus, the doctor recommended her doing a food allergy test. The report revealed that she is highly allergic towards daily products. Soon, she avoided obtaining daily products for 1 week. We were surprised that she could have a qualified sleep at night. We are now paying more attention to her dietary habits.”

Eczema

This baby developed eczema very soon after birth and this became very severe when the baby was just a few months old. He was brought to several doctors and was also treated at the National Skin Center by dermatologists with no improvement.

Chronic Diarrhea

This is a 32 year old man with a long history of explosive diarrhea. He sought help from many gastroenterologists. Apart from blood studies, he went through multiple endoscopies and biopsies. The biopsies report invariably came back as non-specific findings consistent with irritable bowel disease.

Chris (30 years old)

“I have a long history of explosive diarrhea. I sought help from many gastroenterologists. Apart from blood studies, I went through multiple endoscopies and biopsies. The biopsies report invariably came back as non-specific findings consistent with irritable bowel

disease. The last gastroenterologist I saw suggested that I be tested for food allergies. My allergy results revealed that he was highly allergic to egg white and gluten. And I as long as he avoids the reactive foods, my symptoms improved significantly but they return with a vengeance if he violates them liberally.”

Chronic Cough

A 48 year old lady with a 10 year history of chronic cough which has not improved at all despite consultations with many doctors over the years was referred to my clinic by her brother whose children were under my care.

Helen (48 years old)

“I have a long history of chronic cough which has not improved at all despite consultations with many doctors over the years was referred to clinics by my brother whose children were under my care. My food allergy panel revealed strong allergies to dairy products, shrimp, corn, barley, oat, sesame and rice. I also have moderate reaction to egg white. By following the customized rotation diet, I improved dramatically, and after one subsequent follow up at the clinic, I did not need to return to the clinic anymore as I no longer suffer from the cough which had been bugging me all this time!”

Chronic Blocked Nose

The mother of this 6 year old girl was concerned that her child had constant blocked nose, frequent yawning and noticed that she was frequently tired most of the time.

Crystal (6 years old)

“My daughter, Crystal, had constant blocked nose, frequent yawning and I noticed that she was frequently tired most of the time. I am a piano teacher and observed that the 7 years old girl whom I am coaching is rather healthy in comparison to my daughter. From the mother of my student, I became aware of food allergy and bring my daughter to conduct the food allergy testing. The report from subsequent testing revealed that my daughter had strong allergies to dairy products, eggs, cucumber and mushroom. After the elimination of these foods from her diet, it resulted in major improvement in a matter of weeks.”

Chronic Infections

This child developed normally for the first 2 years and then started having frequent episodes of various illnesses including viral fever, gastroenteritis, conjunctivitis, and rhinitis, recurrent attacks of bronchitis, urticaria and constipation.

Lok (3 years old)

“Since Lok was 2 years old, he started having frequent episodes of various illnesses including viral fever, gastroenteritis, conjunctivitis, and rhinitis, recurrent attacks of bronchitis, urticaria and constipation. His father and me also felt weird about this because Lok was healthy before. Until we took part in a health talk and talked with the doctor, he suggested that Lok should take the food allergy test and the testing demonstrated the presence of severe allergies to dairy products and eggs. Following the removal of these offending foods from his diet, Lok no need to return to the clinic and his resistance against diseases becomes stronger.”

Source and lab test service provider: HK Biotek

Enquiry

Ms Yolanda Che

Welspring | 3622-1287 (after 12noon) | info@welspring.hk

room 303, keen hung commercial building, 80 queen’s road east, wanchai, hong kong